

Employee Assistance Program (EAP)

Monthly Publications

July 2020



Publications Archive

Frontline Supervisor

There are so many changes and transitions regarding how we may need to do our work differently in terms of remote work, distancing, and the way we do meetings. How can I use the EAP to help with these changes?

[English](#) | [Spanish](#)

HR & Supervisor Toolkit

Alliance Work Partners provides a wide variety of tools and resources to support HR and Supervisors. We're here to assist you in finding solutions, whatever your workplace may experience day-to-day.

[View Online](#) [Open PDF](#)

Getting the Most Out of Your EAP

Strong utilization is achieved with regular promotion through several key steps. By building awareness of the EAP resources early, employees become familiar with the services and are more likely to use them.

Now Available

[2020 Training Catalog](#)

[2020 Webinar Schedule](#)

2020 Leadership Webinar Series

Webinar Recording Available

Managing Millennials in the Workplace

recorded 4/15/2020

This current generation of young professionals is challenging existing mindsets in new and innovative ways. This course offers specific guidance on how to recruit, retain, and incorporate this talent pool into your workplace.

[View Webinar](#)

Leadership Spotlight

Perform Under Pressure

Some people thrive under pressure and seek out stressful jobs as ambulance drivers, firefighters or critical-care nurses. For most of us, though, performing under pressure can be overwhelming.

[Read More](#)

... here for you as life happens

Habits to Live Distraction Free

Our world has become a constant feed of information, noise, and entertainment. Our phones live not just in our pockets, but in front of our eyes. The influence of the Internet and its constant stream of information is accessible from nearly corner of our world. Breaking news breaks into our day at breakneck speed. And we are fed messages relentlessly from advertisements on nearly every flat surface. Each distraction enters our mind with one goal: Gain control of our attention and resources.

[Read More](#)

At Alliance Work Partners, the well-being of your employees and families, and the health of your organization, is our primary concern. As your Employee Assistance Program, our mission is to provide you with support, resources, consultation, education, on-site counseling and debriefings.

We are available to you 24 hours a day, 7 days a week:

1-800-343-3822

TDD 800-448-1823

We encourage you to circulate newsletters, blogs, content and benefit information to your management teams and employees as well as remind them to take advantage of the many resources available via your HelpNet Benefit / EAP Website.

Contact your Account Manager at AM@alliancewp.com for PDFs and/or additional topics | content | information.

We're here for you as life happens!

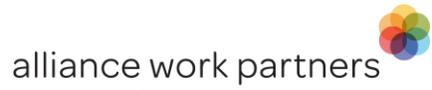
Alliance Work Partners (AWP) is your Employee Assistance Program (EAP) offering you and your family valuable, confidential services at no cost to you. Designed to help you manage daily responsibilities, life events, work stresses or issues affecting your quality of life, AWP is available to take your call 24 hours a day, 7 days a week ~ 1-800-343-3822.

Visit your customized EAP website

www.AWPnow.com

To create an online account, Select "Access Your Benefits"
First Time Log-in use your registration Code.

Need your registration code? Email us at <AM@alliancewp.com>



AM@alliancewp.com | **512-328-1144** | **1-800-343-3822** | www.AWPnow.com

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