

Employee Assistance Program (EAP)

## Monthly Publications

December 2020



### Publications Archive

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## Frontline Supervisor

How do I document a bad attitude? It is too subjective. I would almost need a video of the person's actions in order to accurately describe it.

[English](#) | [Spanish](#)

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## HR & Supervisor Toolkit

Alliance Work Partners provides a wide variety of tools and resources to support HR and Supervisors. We're here to assist you in finding solutions, whatever your workplace may experience day-to-day.

[View Online](#)   [Open PDF](#)

### Getting the Most Out of Your EAP

Strong utilization is achieved with regular promotion through several key steps. By building awareness of the EAP resources early, employees become familiar with the services and are more likely to use them.

**Now Available**

[2020 Training Catalog](#)

[2020 Webinar Schedule](#)

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## 2020 Leadership Webinar Series

**Webinar Recording Available**

### Managing the Challenge of Change

recorded 10/21/2020

Whether changes happen gradually or abruptly, the people in your organization will always need some time to adapt. Planning for and supporting your employees' responses is critical to a successful and timely transition to the new reality.

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[View Webinar](#)

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## Leadership Spotlight

### Preventing Conflict in Your Workplace

Conflict is an inevitable part of life and relationships. However, by working to prevent conflict, you can help minimize the negative impact it has on your overall quality of life. Finding ways to establish healthy communication lines and clear goals can help reduce conflict both in and out of work.

[Read More](#)

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*... here for you as life happens*

### Stress Management

Your EAP offers multiple solutions to assist you in managing stress and building your resilience. This supports you both personally and professionally in your daily life. Your EAP and workplace wellness program can't de-stress everything you face - it can help with the physical effects of stress and help the employee cope with the environment they are in.

[Read More](#)

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At Alliance Work Partners, the well-being of your employees and families, and the health of your organization, is our primary concern. As your Employee Assistance Program, our mission is to provide you with support, resources, consultation, education, on-site counseling and debriefings.

**We are available to you 24 hours a day, 7 days a week:**

**1-800-343-3822**

**TDD 800-448-1823**

We encourage you to circulate newsletters, blogs, content and benefit information to your management teams and employees as well as remind them to take advantage of the many resources available via your HelpNet Benefit / EAP Website.

Contact your Account Manager at [AM@alliancewp.com](mailto:AM@alliancewp.com) for PDFs and/or additional topics | content | information.

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*We're here for you as life happens!*

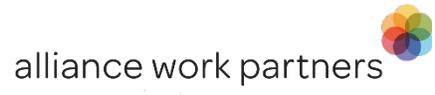
Alliance Work Partners (AWP) is your Employee Assistance Program (EAP) offering you and your family valuable, confidential services at no cost to you. Designed to help you manage daily responsibilities, life events, work stresses or issues affecting your quality of life, AWP is available to take your call 24 hours a day, 7 days a week ~ 1-800-343-3822.

Visit your customized EAP website

**[www.AWPnow.com](http://www.AWPnow.com)**

To create an online account, Select "Access Your Benefits"  
First Time Log-in use your registration Code.

*Need your registration code? Email us at <[AM@alliancewp.com](mailto:AM@alliancewp.com)>*



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