Arthur Lumzy is in his ninth year as a dream-maker, although his official title is a little less fantastical. Lumzy advises UNT Dallas students -- 85% of which are minority and 70% are first-generation college students -- on majors, career exploration and job-search strategies. His work to engage students and employers through workshops, networking events and career fairs -- all transitioned to virtual these days -- is even more critical during the pandemic. Even off the clock, Lumzy can be all business, happily dispensing investment tips to family and friends. He does leave some time for play, whether grooving to his favorite Stevie Wonder tune, tending to a home garden or poring over his hobby, which is actually right up a financial whiz's alley. Get to know the affable Mr. Lumzy, Jr. by clicking the green button below.

If you’d like to nominate a faculty or staff member to spotlight, please email communications@untsystem.edu.

Mental Health Awareness Month Video series: May is Mental Health Awareness Month and considering the last year, our monthlong #UNTWorldCares initiative is right on time. We dedicate our “Ask An Expert” series to delivering a weekly video series featuring mental health experts from UNT, UNT Dallas, UNT HSC and UNT System. Leading off is Counselor Teresa Espino from the UNT Dallas Counseling & Wellness Center. She discusses the stress and anxiety many have felt balancing work and family while working remotely, and now the prospect of new challenges as many will adjust routines again in returning to the office. You don't have to listen too closely to realize Teresa is managing the same work-from-home realities as the rest of us. Click the video below.
Join our Mental Health Awareness Month webinars: UNT World Human Resources, in conjunction with faculty and staff at UNT, UNT Dallas and the Health Science Center, is offering a series of virtual sessions all month to engage employees in candid and informative discussions covering every angle of our well-being. These sessions were created by us, for us. It's been a tough year, so let's come together and help each other refocus and recharge. Please view a video message from Chief Human Capital Officer Sheraine Gilliam-Holmes and our #UNTWorldCares schedule of events.

HIGH FIVE: Dan Tenney named CFO of the Year for Higher Ed by DCEO Magazine

UNT System Vice Chancellor for Finance and Chief Financial Officer Dan Tenney was named D-CFO Magazine’s CFO of the Year for Higher Education on May 5. Dan’s leadership in helping the UNT System mitigate financial challenges during the COVID-19 pandemic and long-range planning have been instrumental in helping us maintain financial strength over the past year. During the pandemic, Dan launched an "Organizational Effectiveness Team" with diverse representatives from all UNT System institutions to help identify and implement positive operational efficiencies across UNT World. Pictured with Dan and wife Crystal (right) are Chancellor Lesa Roe (left), Board Chair Laura Wright with husband Randy Wright, and Chief Communications Officer Paul Corliss.
HIGH FIVE: HSC prof’s tourniquet from class helps alumna save man 2 years later
A few years ago, Dr. Jeffrey Mott, Assistant Professor of Physician Assistant Studies in HSC’s School of Health Professions, and a U.S. Army veteran who taught military medical personnel to apply tourniquets and other life-saving techniques before they deployed, added tourniquet training as part of the PA school’s curriculum. Fast forward to last month and HSC alumna Emily Holloway who works at a rural urgent care center on the East Coast. A patient sliced his arm open on broken glass and was bleeding so badly that he needed to be rushed to the nearest emergency room -- 20 minutes away! Holloway’s team didn’t have a proper tourniquet handy so with no time to spare she reached for her backpack where tucked inside for more than two years in case of emergency was the tourniquet from Dr. Mott’s course. She applied the tourniquet and the man’s bleeding was controlled until the ambulance arrived. Wow!

HR UPDATE
UNT System Human Resources has numerous programs and tools available at no cost to assist you with health or well-being issues, work-life balance, financial issues and more. Explore your UNT System benefits, and follow this space weekly for tips, programs and promotions.

ERS Summer Enrollment period is coming soon: The opportunity to make changes to your benefit elections (health, dental, vision, life insurances; short- and long-term disability; TexFlex), is as follows -- UNT (June 28 - July 10); UNT Dallas, HSC and UNT System (July 5 - 17). Now is the time to make sure you're ready by updating your contact information, including address, by logging into your account at ers.texas.gov. For further details, click here.

COVID-19 VACCINE UPDATE
UNT’s vaccine registration site continues to remain open to UNT faculty, staff and students and UNT System employees. Find more information at the Student Health and Wellness Center website. If you’ve registered and haven’t received a notification from the center’s patient portal with details about your appointment, log in to myosh.unt.edu to see if it has been scheduled or cancel it there if needed. To be removed from the UNT registry, email Stephanie Fields-Hawkins. For information about other locations to get a COVID-19 vaccination, contact your health plan, primary care provider or click on the county links:

- Collin County | Dallas County | Denton County | Tarrant County
- Texas COVID-19 vaccine provider locations
- OptumRx Prescription Drug Program vaccine & general COVID-19 information
- Avoid COVID-19 Vaccination Scams

ON THE AIR: The Deep Side of Dallas podcast debuts with UNT alumnus & noted historian
The Deep Side of Dallas podcast is a new collaboration between UNT System and The Dallas Morning News that dives into local news and issues, and explores the past, present and future of the city of Dallas, including its culture, politics, history and development. The debut episode features UNT alumnus and historian Dr. George Keaton discussing the 1910 mob killing of Allen Brooks in downtown Dallas and the connection to life here and the U.S. today. Listen on your favorite podcast platform -- just search "Dallas Morning News."
Upcoming well-being opportunities from UNT World HR.
Follow us on Twitter and Facebook; Visit our website

On Demand: COVID-19: Leading During Uncertain Times
Available any time

On Demand: Employee Overview of FMLA
Available any time

BlueCross/BlueShield Benefits/Mental Health Services
May 7 from 9 - 10 a.m.

Question. Persuade. Refer. Suicide Prevention Training
May 10 from 1 - 3 p.m.

Journey to Wellness
May 11 from 10 - 10:45 a.m.

Halfway There: Financial Checkup for Retirement
May 11 from 11 a.m. - noon

Manager’s Overview of FMLA, Sick & Parental Leave
May 11 from 2 - 3 p.m.

Lifetime Income: Paycheck for Life
May 12 from 11 a.m. - noon

Responsible Investing
May 12 from 11 a.m. - noon

Meal De-Stress
May 12 from noon - 1 p.m.

The National Opioid Crisis
May 12 from noon - 1 p.m.

Money at Work2: Investing
May 12 from 2 - 3 p.m.

411 on 529s -- College Savings
May 13 from 11 a.m. - noon

Weight Management Program - What is Real Appeal?
May 13 from noon - 12:30 p.m.

Mindset: The Key to Unlocking Human Performance
May 13 from 1 - 2:30 p.m.

Substance Abuse - How did I Become Addicted to Drugs
May 13 from 2 - 3 p.m.

Health Savings Accounts as a Nest Egg
May 13 from 2 - 3 p.m.

Mental Health Awareness
May 14 from 1:30 p.m. - 2:30 p.m.

Mental Health: Recognizing/Responding to Top Concerns
May 17 from 11 a.m. - noon

When Income Decreases -- but the bills don’t
May 17 from 11:30 a.m. - noon

Workplace Exercise and Fitness 101
May 19 from 11 a.m. - noon

Building Savings: Ready for the Road Ahead
May 19 from 11 - 11:30 a.m.

Fighting Back Against the Loneliness Epidemic
May 20 from 10 - 11 a.m.

Click our member institutions’ logos for the latest news
If you have an HR question or topic you'd like covered in the newsletter, please email HR@untsystem.edu.

Miss an issue of HR Highlights? CLICK HERE to catch up.