Michelle joined UNT System seven years ago and one thing's for sure when it comes to her work: She's going to dot every “i” and cross every “t” because, well, being a stickler for details is in her job description. She reviews and negotiates proposed procurement contracts, working with the Office of General Counsel and other departments across UNT World to ensure all needed approvals are in place before agreements are processed. Outside the office is where things get adventurous for this wife and mother of a young son. She likes to get out on the greens, tool around in an RZR (see above 🛡️), sleep in a ⛺️ and her bucket list includes taking this wild ride (click to find out 🌞). Back in civilization, you'll find her at her favorite Mexican restaurant (again, click 🌶️) enjoying chips and queso 🌶️.

If you’d like to nominate a faculty or staff member to spotlight, please email communications@untsystem.edu.

UNT System HR is bringing UNT World experts directly to you with this periodic and always timely installation called "Ask An Expert." So, let’s ask...

**EXPERT: Julie Leventhal**, Principal Lecturer, UNT Honors College

**EXPERTISE:** Interpersonal relationships, human trafficking

Nearly a year into the pandemic, perhaps Valentine’s Day is coming at just the right time to remind us how fortunate many of us are to be with our significant other during such stressful times -- even if, at times, all this time together can seem, well, a bit much. We're glad to have Julie (pictured with her new husband Eric) to share relationship wisdom. She provides advice to make our pandemic Valentine’s Day meaningful and shares how we can better support one another, as so many of us are spending more hours together with our loved ones than ever before. Click 🌹.
SEE YA LANDLINE, HELLO FUTURE: Become a whiz with Teams training
UNT World is in the process of transitioning all traditional phone lines to Microsoft Teams Voice. This is an exciting move that will benefit faculty and staff in numerous ways, and it's budget-friendly to boot. Here's the kicker: Now's the time to take two quick-and-easy training sessions that will set you up to take full advantage of the platform's features:

- **Teams Voice**: This virtual, Microsoft-led session guides you through all the basics. Sessions are available every: Tuesday, 2-3 p.m.; Wednesday, 10-11 a.m.; and Thursday, 2-3 p.m. Register via UNT World Learning.
- **Enhanced 911 (E911)**: This self-paced session informs on new federal guidelines and the limitations of the 911 service. To enroll, click here.
- Visit the ICP website for more information.

HIGH FIVE: UNT professor examines effect of food insecurity on students
Professor Lisa Henry, chair of the Department of Anthropology, began researching campus food insecurity in 2014 as one of her classes gathered information directly from students and focus groups. She's continued that work and applied research to help the office of the Dean of Students better serve students with the UNT Food Pantry. She has found that many students experience mental health issues in connection to going hungry, and she is now focusing on how the pandemic has affected their experience with hunger. Her work was recently featured in a report on NBCDFW. Keep up this important work, Dr. Henry!

If you'd like to give a HIGH FIVE to a UNT World member, email communications@untsystem.edu.

HR UPDATE

- **Did you know?**: Two out of five Americans have or will develop type 2 diabetes. There is help. Your ERS benefits offer services and resources, often at no cost, to manage your condition.
- **Free glucose meter program**: Discover how you can be eligible to receive a certain OneTouch Verio glucometer at no cost.
- **Diabetes & fitness**: Staying physically fit is an important part of managing diabetes. If going to the gym just isn't in the cards right now, we'll show you how to take advantage of UNT Rec Center exercise classes you can do from home at your convenience.
COVID-19 VACCINE INFORMATION: County-by-county registration

The Employee's Retirement System of Texas encourages everyone to get vaccinated as soon as a vaccine is made available to you. For information on when and where you can get a COVID-19 vaccination, contact your health plan, primary care provider, other health care provider or the county links below. You may register to receive the vaccine in any county, not just the one you live in. The Texas Department of State Health Services and Centers for Disease Control and Prevention have more information.

- Collin County
- Dallas County
- Denton County
- Tarrant County
- Texas COVID-19 Vaccine Provider Locations
- OptumRx Prescription Drug Program Vaccine and General COVID-19 Information
- Avoid COVID-19 Vaccination Scams

WE ARE NORTH TEXAS PODCAST

ON THE AIR: Listen to every episode of the We Are North Texas Podcast

Click the headline above to access our UNT System podcast catalog of episodes featuring interviews with innovative leaders. Latest episode: HSC's Dr. Sid O'Bryant, Executive Director, Institute for Translational Research, lost his grandmother to Alzheimer’s and now heads groundbreaking research into the disease that is being done nowhere else in the world. #WeAreNorthTexas

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Benefit Highlight: What is Real Appeal? Feb. 15 at 1 -- 1:30 p.m.
Money at Work: Investing Feb. 16 at 2 -- 2:30 p.m.
Lifetime Income: Secure Your Retirement Feb. 17 at 11 -- 11:30 a.m.
Inside Money: Income and Debt Feb. 17 at 2 -- 2:30 p.m.
Matters of the Heart with Michael Harper, M.Ed. Feb. 18 at 10 -- 11 a.m.
Staying Fit at Work Feb. 18 at 11 -- noon

On Demand Video: Heart Healthy Tips Feb. 19, 8 a.m. -- 5 p.m.
Manage Money & Credit -- To Save Feb. 22 at 9:30 -- 10 a.m.
Fitness Program February Enrollment Fee Waive Feb. 23, 8 a.m. -- 5 p.m.
Video: Intro to Financial Literacy Feb. 24 at 11:30 -- 11:45 a.m.
Kicking the Habit: Tobacco Free for Me Feb. 25 at 10 -- 11 a.m.
Ready for the Road Ahead: Savings Feb. 25 at 11:30 a.m. -- noon
Video: Enroll in Texa$aver 457 Savings Plan
Feb. 18 at 11:30 -- 11:45 a.m.

Video: Intro to Financial Literacy
Feb. 18 at 5 -- 5:15 p.m.

Digital Self-Management Programs
Feb. 26, 8 a.m. -- 5 p.m.

Click our member institutions' logos for the latest news

If you have an HR question or topic you’d like covered in the newsletter, please email HR@untsystem.edu.

Miss an issue of HR Highlights? CLICK HERE to catch up.