HR Highlights is the Official Newsletter of UNT System Human Resources. If you have an HR question or topic you'd like covered in the newsletter, please email HR@untsystem.edu.

Reminder to Check Next Month's Pay Check

Any changes made to your benefits should be reflected in pay checks to be received on 10/1/20
We encourage you to review the paycheck you will receive on October 1, 2020. September begins a new benefit plan year. What does that mean to you? If you made any changes to your benefits during summer enrollment, those changes should be reflected on this paycheck. In addition, life insurance and disability premiums are based on salary as of September 1, 2020 so you may see an increase in those premiums. Life insurance rates are also based on your age as of September 9, 2020 so an increase may be seen there as well.

If you are concerned that your paycheck benefit deductions don’t reflect your summer enrollment changes, login to your ERS online account and review your Benefit Summary. Does it reflect all changes made by you during summer enrollment? If there is a mismatch between your ERS charges and your paycheck deductions, reach out to a Human Resources Benefit Coordinator at HRbenefits@untsystem.edu immediately so we can get it resolved.

The deadline to make any corrections is September 30, 2020.
News, Notes and Resources.

**Maintain Financial Well-Being During the Pandemic**
Dealing with financial stress and strain is a tough aspect of the pandemic. To help cope, here are tips for handling these issues that can help you achieve financial well-being and balance.

[READ MORE](#)

**Take Advantage of ERS Wellness Opportunities**
This month, there are several wellness opportunities available through ERS, with a focus on work-life balance.

[READ MORE](#)

**What Does It Mean to Be Fit?**
Living well helps us live a full life, and anything is possible with awareness, planning and follow-through.

[READ MORE](#)
WEBINAR: “Effective Listening”
September 11 at 8 a.m. - CLICK FOR DETAILS

WEBINAR: “Managing Unexpected Events and Expenses”
September 14 at 1 p.m. - CLICK FOR DETAILS

WEBINAR: “Dealing With Difficult Behavior”
September 15 at 8 a.m. - CLICK FOR DETAILS

WEBINAR: “Caregiving and Ambiguous Relief”
September 15 at 11 a.m. - CLICK FOR DETAILS

WEBINAR: “Fitness for Life”
September 15 at 3 p.m. - CLICK FOR DETAILS

September 16 at 10 a.m. - CLICK FOR DETAILS

WEBINAR: “College Savings Options”
September 16 at 1 p.m. - CLICK FOR DETAILS

WEBINAR: “Tomorrow in Focus: Saving for Retirement”
September 16 at 2 p.m. - CLICK FOR DETAILS

WEBINAR: “Responses to Mental Health During a Pandemic”
September 17 at 10 a.m. - CLICK FOR DETAILS

WEBINAR: “She’s Got It: Saving & Investing”
September 17 at 2 p.m. - CLICK FOR DETAILS

WEBINAR: “When Income Decreases, But the Bills Don't”
September 22 at 10 a.m. - CLICK FOR DETAILS

WEBINAR: “Managing Unexpected Events and Expenses”
WEBINAR: “What Is Naturally Slim?”
September 23 at 11 a.m. - CLICK FOR DETAILS

WEBINAR: “Ready, Set, Retire”
September 23 at 1 p.m. - CLICK FOR DETAILS

WEBINAR: “Positive Ways to Deal With Today's Stressors”
September 24 at 10 a.m. - CLICK FOR DETAILS

WEBINAR: “Long-Term Care”
September 24 at 10 a.m. - CLICK FOR DETAILS

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Campus News.

Click logos for the latest news from our member institutions
Miss an issue of HR Highlights? [CLICK HERE] to catch up!