How to Calculate My Short-Term Disability Insurance Premium
for Plan Year 2023

Before starting you will need to use the most recent Annual Salary to calculate your premiums. Please note your Annual Salary is based on your primary job only. Any additional appointments or task compensations are not included as these positions are not eligible for insurance coverages.

**Step 1:** Log into [Employee Self Service](#) to find your Annual Salary. On the Employee Self Service page click on the Payroll tile and then the Compensation History tile on the chart you will see your annual salary.

**Example:** Annual Salary $ 35,000
Step 2: Divide the Annual Salary based on if you are a 12 month or 9 month employee as of 09/01/2020.

Example: $35,000 / 12 = $2,916.67

Example: (Annual Salary) / (# of Months Paid) = Gross Monthly Salary

Step 3: Take your Gross Monthly Salary and divide by 100.

Example: $2961.67 / 100 = $29.17

Example: (Gross Monthly Salary) / 100 = Value

Step 4: Use the value from Step 3 and multiply by the coverage rate of $0.26 to get your premium rate.

Example: $29.17 x $0.26 = $7.58

Example: (Step 3 Value) x (Coverage Rate) = Monthly Premium Rate